



The Skater's Edge

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A Program Re-Defined

New Contact for Figure Skating Program

Sherie Gottlob has recently joined the staff at the East Alton Ice Arena as Program Director. Her responsibilities in this role include the coordination of the Learn to Skate classes with an emphasis on growth of the program bringing more children and adults into ice skating!

As Program Director, Sherie will head up the registration process for the lessons, taking the burden of this effort off of the skating coaches, leaving them to do what they are best at, and love....teaching children and adults to skate!

Sherie will be the "Go To" contact for parents, grandparents and guardians who have questions about the skating program, issues or anything that might arise. She can be contacted through the rink at 618-254-7465 extension 61 or by email at skating@charter.net.

Some of you may remember Sherie when the rink first opened; she was the Office Manager, working closely with Larry Thatcher, Dan Svezia and Paula Thatcher in the "early days" of the rink! She is excited to be back again and looks forward to this new opportunity to increase the interest in ice skating in the Riverbend areas. Don't hesitate to give her a call or feel free to stop in for a chat!

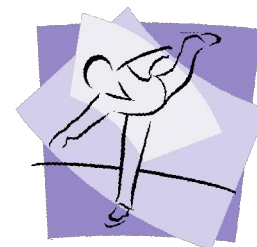
Summer '06 Learn to Skate Calendar

Mark your calendars now!

This session's Learn to Skate classes will run each Saturday beginning July 15 through Saturday, September 16...BUT WAIT!!!! Mark your calendars for Sunday, September 17 at 3:00 p.m. for a special Ice Show which will highlight your child's accomplishments from this summer session! This will be a special time for parents, grandparents and other family members and friends to see skaters demonstrate what they've learned during the previous weeks of lessons. More information will be available on show details later in the summer session.

We have a great group of coaches continuing with our Learn to Skate program this session. Our current coaching staff includes:

- ♦ Kim Werths
- ♦ Rebecca (Becky) Buckely
- ♦ Tammy Wilke
- ♦ Ann Pinkerton
- ♦ Emily Svezia



Stay tuned in upcoming newsletters for Highlights of our Coaching Staff!

ISI Membership

Participating in a Learn to Skate class at the East Alton Ice Arena allows skaters the opportunity to become a member of ISI – the Ice Skating Institute, a national organization made up of ice skating facilities, managers, coaching professionals, suppliers and individual skaters

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ISI Membership (continued)

Why join ISI?

ISI's learn-to-skate program is a fun recreational ice skating program for all ages and abilities. You'll learn basic and advanced skating skills and earn colorful badges for each completed level. Want to perform in a show or competition? ISI hosts and endorses competitions and shows in member ice arenas across the country. ISI promotes these events in Recreational Ice Skating magazine, which you receive FREE as a member.

Who can be an ISI Individual Member?

- ◆ Beginning Skater
- ◆ Recreational Figure Skater

What is included in the Membership?

- ◆ Personalized membership card
- ◆ Recreational Ice Skating - quarterly magazine featuring recreational ice skaters, programs, events and tips
- ◆ Test registration
- ◆ Skating patches available for purchase
- ◆ Opportunities to perform locally and nationally
- ◆ Access to skating manuals and brochures
- ◆ Accident Insurance

What is the cost to join?

- ◆ Registration Fees are \$13.00 for one year

How do I join?

- ◆ You may download a membership form and pay online with a credit card at:
http://www.skateisi.com/HTML/memb_info/indiv.cfm
or pick up a Membership Application at the East Alton Ice Arena.

Learn to Skate Etiquette & Rules

Rules exist for everyone's safety

- ◆ Please arrive 15 minutes before your class time in order to get your child ready for the ice. Make sure your child's skates are the right size (If he/she wears a size 3 shoe, the skate size will probably be a size 2). If you are using rental skates, please note the skate size for future lessons. Be sure that skates are tied as tightly as possible, this insures that their feet will not wobble, which could cause injury. If you are interested in purchasing figure skates, please visit The Skater's Edge Pro Shop in the East Alton Ice Arena for help with selection and proper fitting of figure skates.
- ◆ While watching your 3 year old in his or her first Tot class can be nerve wrenching, we have trained coaches and staff who will work with these Tots on the ice. Parents are not permitted on the ice with the students; the coaches will assist your child in getting on and off of the ice. You may watch from the bleachers or outside of the ice, but you are not allowed on the ice during lessons.
- ◆ We do require our Tots to wear helmets. This can be a bicycle or a hockey helmet; we prefer hockey helmets as they allow for more protection of the head. For the price of a good bicycle helmet you can purchase a child's hockey helmet which will offer more protection. Helmets can be purchased from the Skater's Edge Pro Shop in the East Alton Ice Arena. Please stop by and visit them for more information.
- ◆ Parents must not carry children on the ice.
- ◆ No food or drink is allowed on or near the ice

We wish to make skating a fun and safe sport and we appreciate your help!



SUMMER SESSION TIME ASSIGNMENTS

The following time assignments have been made for the following groups. If you are unsure what group your child will skate in, please contact Sherie Gottlob at the East Alton Ice Arena.

Tots (ages 3 to 5)

Time – 3:00 p.m. to 3:30 p.m.

Pre-Alpha (ages 6 and older, 1st time skaters)

Time – 3:00 p.m. to 3:30 p.m.

Alpha

Time – 3:00 p.m. to 3:30 p.m.

Beta

Time – 3:30 p.m. to 4:00 p.m.

Gamma

Time – 3:30 p.m. to 4:00 p.m.

Delta

Time – 3:30 p.m. to 4:00 p.m.

Freestyle

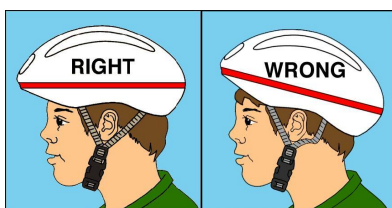
Time – 3:30 p.m. to 4:00 p.m.

REMINDER

Please plan on arriving 15 minutes prior to the scheduled class time in order to get your child's skates on properly. Classes will begin promptly at the times listed.

How to Properly Wear Your Helmet

Wear the helmet flat on top of your head, not tilted back at an angle! Make sure the helmet fits snugly and does not obstruct your field of vision. Make sure the chin strap fits securely and that the buckle stays fastened.



Fall Session Learn to Skate

It's not too early to plan!

Please mark your calendars now for our Fall Session Learn to Skate lessons. They will run Saturdays from 11:45 a.m. to 12:45 p.m. beginning October 14 through December 16 and will also end with a Christmas show on Sunday, December 17.

With so many activities associated with school, church or youth clubs vying for your attention, get a jump on your Fall Calendar now and plan on joining our Fall Learn to Skate Session.

Information on pre-registration for the Fall Session will be mailed out sometime late August, early September.



Adult Learn to Skate

Contact Us Now!

We are in the process of working with a local community college with the hope of offering non-credit skating classes for the Fall. Some classes we are working on are Adult Learn to Skate, Parents and Tots Skating and Fundamentals of Ice Hockey for Adults. Please contact us at the ice rink or by email at skating@charter.net if you have an interest in one of these classes or some suggestions for classes you would like to see us make available in the future.