



The Skater's Edge

Volume 2, Issue 4

July 2007

Welcome Back!

Summer Session 2007

July 14 marks our re-opening of the ice arena for Learn to Skate lessons this 2007 Summer Session after our annual maintenance shutdown in June and July.

Shutting down for a time each summer allows us to melt the sheet of ice and make any repairs necessary to the foundation on which the ice is built. Our staff has worked hard on painting and cleaning our arena during this time. You will notice brighter walls and glass around the ice rink! We also take advantage of this time to service our Zamboni machine and check on our major compressors which keep the ice frozen!

Does the new sheet of ice look a bit brighter? It should because when a new sheet of ice is created, new white paint is also added to the first levels of the ice to give it the pretty white appearance the ice displays. You will also notice how much sharper and brighter our in-ice logos now appear in our new sheet of ice.

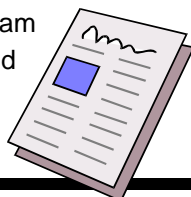
We are proud of the work accomplished during this past month and ask for your help in keeping our ice arena a clean, bright and happy place to visit!



Previous Newsletters

Nothing is ever "old news"!

Please check the lobby materials displays for previous Skater's Edge newsletters. Each past newsletter contains important program and arena information for skaters and their parents in our Learn to Skate program.



Skating Patches

Show off your skating skills with cool patches!

Want to show off your hard work and the levels you've passed in Learn to Skate classes? Why not collect patches which show the levels you've tested and passed!

Patches are available for each level from Tot 1 through Freestyle. Once you have passed your required level test you may purchase the corresponding level patch.



High quality patches are available from the ice arena and are \$4 per patch. Sew them on your skating jacket or add them to your skating bag and show off your hard work!



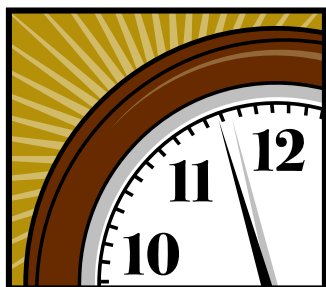
For ordering, contact Sherie Gottlob at the ice arena by phone (254-7465) or email (skating@charter.net).

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Summer Session Time Assignments

This summer session runs from July 14 through September 1. The time assignments listed below have been made for the following groups. If you are unsure what group your child will skate in, please contact Sherie Gottlob at the East Alton Ice Arena.



Tots (ages 3 to 5)

Time – 11:45 a.m. to 12:15 p.m.

Pre-Alpha (ages 6 and older, 1st time skaters)

Time – 12:15 p.m. to 12:45 p.m.

Alpha

Time – 12:15 p.m. to 12:45 p.m.

Beta

Time – 12:15 p.m. to 12:45 p.m.

Gamma

Time – 11:45 a.m. to 12:15 p.m.

Delta

Time – 11:45 a.m. to 12:15 p.m.

Freestyle

Time – 11:45 a.m. to 12:15 p.m.

*****REMINDER*****

Please plan on arriving 15 minutes prior to the scheduled class time in order to get your child's skates on properly. Classes will begin promptly at the times listed.

Tots - Helmet Safety

How to Properly Wear Your Helmet

Wear the helmet flat on top of your head, not tilted back at an angle! Make sure the helmet fits snugly and does not obstruct your field of vision. Make sure the chin strap fits securely and that the buckle stays fastened.



Test Level Requirements

What is required to advance?

In order to proceed on through the levels in our Learn to Skate program, each skater must pass a "test" for the level they currently are skating in order to "graduate" on to the next level and skill set.

Once a skater passes the level test, that test is submitted to ISI for certification. That means the skater is then officially registered with ISI as having completed and mastered the skills necessary for that particular skating level.

Glides, snowplow stops, marching, swizzles and wiggles are just some of the required elements Tots and Pre-Alphas must accomplish. Don't forget that it is even a requirement for these two groups to learn how to properly fall on the ice in order to prevent injuries.

Crossovers, forward and backward stroking, one foot snowplow stops and T-stops are some of the required elements that our Alpha and Beta skaters must pass.

Our Gamma and Delta skaters must be able to demonstrate specific outside and inside turns, hockey stops and other elements related to these specific skating levels.

The Freestyle skaters have their own set of required elements to excel at in order to proceed through the different Freestyle levels.

Testing skaters is an important part of our Learn to Skate program. Passing on to the next level gives your young skater that sense of accomplishment and satisfaction for working hard to learn a new skill!

While tests may not be fun at school, we always hope that they are fun and valuable at the ice arena!

If you have any questions about the testing process, please feel free to contact Sherie Gottlob at the rink by phone (254-7465) or email (skating@charter.net).

