



# The Skater's Edge

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## ISI Skating Levels

*Don't be in the dark any longer!*

As a parent of a learn to skate student, are you confused about Alphas, Betas, Gammas and Deltas or is it all Greek to you?

The Ice Skating Institute (ISI) sets the standards for our Learn to Skate levels. Our classes are broken into the following:

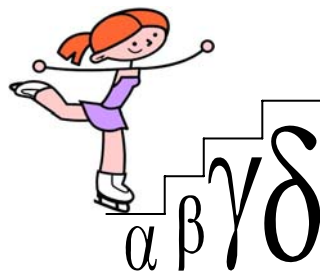
Tots, Pre-Alpha, Alpha, Beta, Gamma, Delta and Freestyle. Each level has different required elements a skater is to be able to accomplish before moving on to the next group.

Upon passing the skill test for any given level, the skater's information is submitted to ISI and they are registered as having passed the level tested. ISI has patches available for purchase for each of the skill levels.

We have an advanced Pre-Alpha class for those skaters who need to focus on the skills they need to advance to Alpha but are further along than a new Pre-Alpha.

Levels are guidelines, not really age restricted. It would not be unusual to see a very young skater quickly advance to an Alpha level.

If you are ever uncertain as to what level your child is skating, don't hesitate to ask...at least now you know the progressions.



## Free Gift!

We are excited to offer a special gift this Spring Session to our students. Refer a **New** Learn to Skate student and you receive a free gift!

This gift will include two tickets to a Gateway Grizzlies ball game this summer, along with admission coupons to the rink and other valuable coupons for items or services at the rink.

In order to receive this offer, the referring student must also enroll in our Spring Session Learn to Skate classes. Their friend must also enroll in these classes. There will only be one special offer per referring student.

Only those students who complete and turn in an eligibility form will qualify for the free gift. Forms can be found in the lobby and must be turned in to the Pro Shop. This offer will expire April 14, 2007. Qualifying students will be notified by phone when they will be able to pick up their gift.



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## Spring Session Time Assignments

The following time assignments have been made for the following groups. If you are unsure what group your child will skate in, please contact Sherie Gottlob at the East Alton Ice Arena.

### Tots (ages 3 to 5)

Time – 11:45 a.m. to 12:15 p.m.

### Pre-Alpha (ages 6 and older, 1<sup>st</sup> time skaters)

Time – 12:15 p.m. to 12:45 p.m.

### Alpha

Time – 12:15 p.m. to 12:45 p.m.

### Beta

Time – 12:15 p.m. to 12:45 p.m.

### Gamma

Time – 11:45 a.m. to 12:15 p.m.

### Delta

Time – 11:45 a.m. to 12:15 p.m.

### Freestyle

Time – 11:45 a.m. to 12:15 p.m.

### Adults\*

Time – 11:45 a.m. to 12:15 p.m.

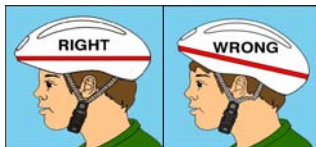
\*we must have at least 3 adults registered for the class to be held.

### \*\*\*REMINDER\*\*\*

Please plan on arriving 15 minutes prior to the scheduled class time in order to get your child's skates on properly. Classes will begin promptly at the times listed.

### How to Properly Wear Your Helmet

Wear the helmet flat on top of your head, not tilted back at an angle! Make sure the



helmet fits snugly and does not obstruct your field of vision. Make sure the chin strap fits securely and that the buckle stays fastened.

## Spring Ice Show

*Mark Your Calendars Now!*

Our Spring Ice Show capping off the end of this new session will be on Sunday, May 20<sup>th</sup> at 3:00 p.m. Please make a note of this now so you won't miss the fun. Students will be practicing for the show during the two Saturday sessions prior to the Sunday show. The ice show is a great way for students to "show off" what they have been learning during the 11 week session.



## Just a Reminder

*Being on time is important!*



We ask that your child is laced up and ready to go on the ice at the scheduled time of their session lesson. While some things are unavoidable and we understand that, we just ask that students and parents are considerate of other skaters who are on time and ready to go. We can't hold classes for late students and we certainly don't want any child feeling odd about coming in late and catching up. This is especially important on the testing days and the days set for show practice.

## Our Instructors

We have a great group of coaches and helpers continuing with our Learn to Skate program this session. Our current coaching staff & helpers include:

Becky Buckley	Kayleigh Bosco (H)
Debi Kozak	Mallory Simmons (H)
Kim Werths	Caitlyn Crafton (H)
Tammy Wilke	Aдриanna Henson (H)

Our coaches are all qualified to teach all levels in our Learn to Skate classes. While we strive for the same coach to teach the same group of students each week, for a variety of reasons there may be times that another instructor is asked to teach a different group of students.



## Private Lessons

*What is our process?*

Currently all of our coaches do not have any openings to take any new students. When an opening does come up, they will take a student whose name is on our Private Lesson waiting list. Names on the list are in date order according to when they requested private lessons. If you would like to be placed on the waiting list



for private ice skating lessons, please call Sherie Gottlob at 254-7465 or send an email to [skating@charter.net](mailto:skating@charter.net). As soon as an opening does occur, a coach will be in contact with you!

## Public Sessions

*Clearing Up Some Confusion*

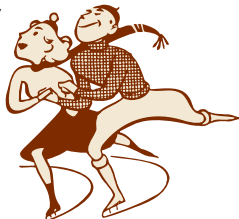
Please remember that the admission to the public session skate immediately after lessons on Saturdays is **not included** in the price for Learn to Skate lessons.

If you and your child are planning to stay and skate during the public session at 1:00 p.m. you will have to pay admission and skate rental at the admission window. Thank you for your cooperation.

## Adult Learn to Skate

*Sign Up Now!*

We are going to try an Adult Learn to Skate session on Saturday mornings during our regular Learn to Skate ice time. The adult lessons will be on the ice from 11:45 a.m. to 12:15 p.m. We do need at least 3 sign ups in order to make the class.



Please use the Registration Form in the Spring Lesson brochure. If you have any questions, please contact Sherie Gottlob at the rink. Try something new for this year...learn to ice skate!

## Comments

*Your Feedback is Important!*

Are there other programs or services you would like to see offered at East Alton Ice Arena? Are there some suggestions for new food choices you would like to see offered in our Concessions?

Your comments and suggestions are important in our planning for the rink this year. Please complete our Contact form on our website at [www.eastaltonicearena.org](http://www.eastaltonicearena.org). We want to know what you think!

## Our Website

*Your Source for Important Information!*

Don't forget about our website where you will be able to find information about our skating programs, public session calendars, stick time calendars and much more at [www.eastaltonicearena.org](http://www.eastaltonicearena.org).

You will also find game schedules posted for the area High School hockey teams, both Varsity and Junior Varsity. You will also be able to view the entire schedule for the SIU Edwardsville Cougar Hockey Club.

There is also a contact info page where we would encourage you to contact us with any ideas or comments about the website or programs you would like to see offered at the rink.



## Birthday Parties

*The Coolest Place in Town to Have a Party!*

The rink is a fun place to host a birthday party. We offer three different party packages. Party package information can be found on our website or by calling the rink at 254-7465.



Parties are typically scheduled during public session times. Grab a monthly calendar and call today to book your party!