



The Skater's Edge

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Fall '06 Learn to Skate Calendar

Mark your calendars now!

This session's Learn to Skate classes will run each Saturday beginning October 14 through Saturday, December 16...BUT WAIT!!!! Mark your calendars for Sunday, December 17 at 3:00 p.m. for a special Ice Show which will highlight your child's accomplishments from this fall session! This will be a special time for parents, grandparents and other family members and friends to see skaters demonstrate what they've learned during the previous weeks of lessons. More information will be available on show details later in the fall session.

We have a great group of coaches continuing with our Learn to Skate program this session. Our current coaching staff includes:

- ♦ Kim Werths
- ♦ Rebecca (Becky) Buckely
- ♦ Tammy Wilke
- ♦ Ann Pinkerton
- ♦ Emily Svezia
- ♦ Debbie Kozak



Rent the Rink!

A great idea for groups and parties!

Have you ever thought about renting the entire rink for a private party? Private rental of the rink guarantees the entire rink for only those you invite! The Meeting Room and skate rental is included for all of your guests. This is a great deal for church groups, clubs and organizations, even schools for PE or field trips. Call today for more information at 618-254-7465.

A New Website for the Rink

New Internet site for the East Alton Ice Arena

We are excited to announce the kickoff of our new website this month for the ice arena. You will be able to find information about our skating programs, public session calendars, stick time calendars and much more at www.eastaltonicearena.org.

You will also find game schedules posted for the area High School hockey teams, both Varsity and Junior Varsity. You will also be able to view the entire schedule for the SIU Edwardsville Cougar Hockey Club.

There is also a contact info page where we would encourage you to contact us with any ideas or comments about the website or programs you would like to see offered at the rink.

The website is scheduled to "go live" the week of October 16. Visit often for updated calendars and information on special events!



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ISI Membership

Participating in a Learn to Skate class at the East Alton Ice Arena allows skaters the opportunity to become a member of ISI – the Ice Skating Institute, a national organization made up of ice skating facilities, managers, coaching professionals, suppliers and individual skaters

Why join ISI?

ISI's learn-to-skate program is a fun recreational ice skating program for all ages and abilities. You'll learn basic and advanced skating skills and can purchase colorful badges for each completed level. Want to perform in a show or competition? ISI hosts and endorses competitions and shows in member ice arenas across the country. ISI promotes these events in Recreational Ice Skating magazine, which you receive FREE as a member.

Who can be an ISI Individual Member?

- ◆ Beginning Skater
- ◆ Recreational Figure Skater

What is included in the Membership?

- ◆ Personalized membership card
- ◆ Recreational Ice Skating - quarterly magazine featuring recreational ice skaters, programs, events and tips
- ◆ Test registration
- ◆ Skating badges available for purchase
- ◆ Opportunities to perform locally and nationally
- ◆ Access to skating manuals and brochures
- ◆ Accident Insurance

What is the cost to join?

- ◆ Registration Fees are \$13.00 for one year

How do I join?

- ◆ You may download a membership form and pay online with a credit card at:
http://www.skateisi.com/HTML/memb_info/indiv.cfm
or pick up a Membership Application at the East Alton Ice Arena.

Learn to Skate Etiquette & Rules

Rules exist for everyone's safety

- ◆ Please arrive 15 minutes before your class time in order to get your child ready for the ice. Make sure your child's skates are the right size (If he/she wears a size 3 shoe, the skate size will probably be a size 2). If you are using rental skates, please note the skate size for future lessons. Be sure that the skates are tied tightly around the top of the foot and slightly looser around the top of the ankle. This allows for the foot to be secure in the skate heel cup and still allow for the skater to slightly bend their knees which helps with their balance. If you are interested in purchasing figure skates, please visit The Skater's Edge Pro Shop in the East Alton Ice Arena for help with selection and proper fitting of figure skates.
- ◆ While watching your 3 year old in his or her first Tot class can be nerve wrenching, we have trained coaches and staff who will work with these Tots on the ice. Parents are not permitted on the ice with the students; the coaches will assist your child in getting on and off of the ice. You may watch from the bleachers or outside of the ice, but you are not allowed on the ice during lessons.
- ◆ We do require our Tots to wear helmets. This can be a bicycle or a hockey helmet; we prefer hockey helmets as they allow for more protection of the head. For the price of a good bicycle helmet you can purchase a child's hockey helmet which will offer more protection. Helmets can be purchased from the Skater's Edge Pro Shop in the East Alton Ice Arena. Please stop by and visit them for more information.
- ◆ Parents must not carry children on the ice.
- ◆ No food or drink is allowed on or near the ice

We wish to make skating a fun and safe sport and we appreciate your help!



FALL SESSION TIME ASSIGNMENTS

The following time assignments have been made for the following groups. If you are unsure what group your child will skate in, please contact Sherie Gottlob at the East Alton Ice Arena.

Tots (ages 3 to 5)

Time – 11:45 a.m. to 12:15 p.m.

Pre-Alpha (ages 6 and older, 1st time skaters)

Time – 12:15 p.m. to 12:45 p.m.

Alpha

Time – 12:15 p.m. to 12:45 p.m.

Beta

Time – 12:15 p.m. to 12:45 p.m.

Gamma

Time – 11:45 a.m. to 12:15 p.m.

Freestyle

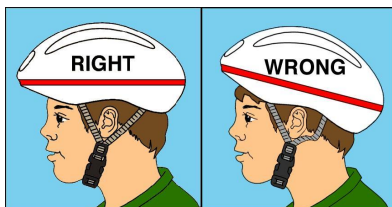
Time – 11:45 a.m. to 12:15 p.m.

REMINDER

Please plan on arriving 15 minutes prior to the scheduled class time in order to get your child's skates on properly. Classes will begin promptly at the times listed.

How to Properly Wear Your Helmet

Wear the helmet flat on top of your head, not tilted back at an angle! Make sure the helmet fits snugly and does not obstruct your field of vision. Make sure the chin strap fits securely and that the buckle stays fastened.



Winter Session Learn to Skate

It's not too early to plan!

Please mark your calendars now for our Winter Session Learn to Skate lessons. They will run Saturdays from 11:45 a.m. to 12:45 p.m. beginning January 6 through March 10 and will also end with a Winter show on Sunday, March 11.

With so many activities associated with school, church or youth clubs vying for your attention, get a jump on your Winter Calendar now and plan on joining our Winter Learn to Skate Session.

Information on pre-registration for the Winter Session will be mailed out sometime mid December.



Adult Learn to Skate

Contact Us Now!

We now have non-credit classes scheduled through Lewis & Clark Community College beginning January 17. Classes offered are Adult Learn to Skate, Parents and Tots Skating and Fundamentals of Ice Hockey for Adults. Please contact us at the ice rink, by email at skating@charter.net or visit our website www.eastaltonaicearena.org if you have an interest in one of these classes or some suggestions for classes you would like to see us make available in the future.